



# Daily Health Checklist Should I Come to School?

All staff and students will be required to screen themselves for symptoms of COVID-19 and check their own temperature. Any temperature of 100.4 or more, or any one of the following symptoms should be reported to Nurse Linda and the staff member or student should not come to school. Please stay home if you are sick or are experiencing:

- ☐ Fever or chills
- ☐ Cough
- ☐ Shortness of breath or difficulty breathing
- ☐ Fatigue
- ☐ Muscle or body aches
- ☐ Headache
- ☐ New loss of taste or smell
- ☐ Sore throat
- ☐ Congestion or runny nose
- ☐ Nausea or vomiting
- ☐ Diarrhea

