

SAINT MARY SCHOOL COVID GUIDELINES 2022-23

SYMPTOMS?	EXPOSURE?	FEVER?	GUIDELINE	PROOF OF TEST REQUIRED?
MILD SYMPTOMS (infrequent cough, mild congestion, runny nose, sore throat)	NO KNOWN EXPOSURE	NO FEVER (temperature less than 100.0 F without the aid of fever reducing medication such as Acetaminophen (Tylenol) or Ibuprofen (Advil, Motrin))	TEST - MASK - GO Test each day of symptoms and the day after all symptoms have fully resolved. If negative test, may report to school wearing a mask If positive test see "symptoms + positive test" below)	Do not need to submit proof of negative test
RESPIRATORY SYMPTOMS (persistent cough, head congestion, profuse runny nose, severe sore throat)	NO KNOWN EXPOSURE	WITH FEVER (temperature greater than 100.1 degrees F or higher) or WITHOUT FEVER (temperature less than 100.0 F without the aid of fever reducing medication such as Acetaminophen (Tylenol) or Ibuprofen (Advil, Motrin))	STAY HOME until symptoms resolved for a full 24 hours without the use of medications Testing recommended. If positive test, see "symptoms+positive test" below	Do not need to submit proof of a negative test
NO SYMPTOMS	KNOWN EXPOSURE TO HOUSEHOLD CONTACT	WITHOUT FEVER	MAY ATTEND SCHOOL IF NO SYMPTOMS AND A NEGATIVE TEST, WEAR MASK TO SCHOOL for 10 days TEST EVERY DAY for a full 10 days from household member's positive test. IF SYMPTOMS DEVELOP or the exposed individual tests positive for COVID, see "symptoms+positive test" below.	Do not need to submit proof of negative test
ANY SYMPTOMS	KNOWN EXPOSURE	WITH OR WITHOUT FEVER	STAY HOME AND TEST DAILY If positive test result, see " <u>symptoms+positive test</u> " below If negative test result, remain home until resolution of symptoms and negative test.	May return to school with resolution of symptoms and a negative COVID test MUST SUBMIT PROOF OF NEGATIVE TEST
POSITIVE TEST WITH OR WITHOUT SYMPTOMS	KNOWN OR UNKNOWN EXPOSURE	WITH OR WITHOUT FEVER	STAY HOME IN ISOLATION (away from others, as possible) FOR A FULL FIVE DAYS. ("Day 1" is the <u>first full day</u> after a positive test result)	May report to school on "Day 6" with improvement of symptoms and wearing a mask through day 10.

9/27/22