



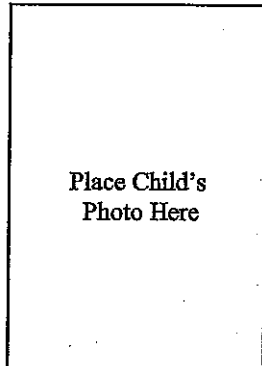
Saint Mary School

RIDGEFIELD

Severe Allergy Emergency Health Care Plan

PARENT AND PHYSICIAN FORM

Student Name: _____ DOB: _____
Address: _____ Phone: _____
Mother's Name: _____ Phone: _____
Father's Name: _____ Phone: _____
Primary Physician: _____ Phone: _____
Hospital Choice: _____



- 1. Emergency Contact: _____ Relationship: _____ Phone: _____
2. Emergency Contact: _____ Relationship: _____ Phone: _____
3. Emergency Contact: _____ Relationship: _____ Phone: _____

ALLERGY TO: _____
Asthmatic: ___ YES ___ NO **High risk for severe reaction

SIGNS OF ALLERGIC REACTION INCLUDE

(Circle those symptoms that may apply to the student.)

SYSTEMS

SYMPTOMS

- MOUTH itching & swelling of lips, tongue, or mouth
THROAT* itching &/or sense of tightness in the throat, hoarseness & hacking cough
SKIN hives, itchy rash, &/or swelling about the face or extremities
GUT nausea, abdominal cramps, vomiting, &/or diarrhea
LUNG* shortness of breath, repetitive coughing, &/or wheezing
HEART* "thready" pulse, "passing out"

***The severity of symptoms can quickly change. All above symptoms can potentially progress to a life-threatening condition. ***

ACTION:

If contact with _____ is suspected,
(Allergen)

- 1. Give _____
2. Give _____
3. Give _____
4. Call EMS _____
5. Call _____
6. Call _____

Permission to share information with school personnel (where applicable):

Parent/Guardian ___ Principal ___ Guidance Dept ___ Teachers ___ Student ___
School Nurse ___ Lunch/Recess Paras ___ Cafeteria Staff ___ Bus Company ___
Allergen Free Table in Cafeteria ___ YES ___ NO

*** DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL EMS EVEN IF PARENTS OR MD CANNOT BE REACHED ***

Parent Signature _____ DATE _____ Physician Signature _____ Date _____